



CXR

GRAB N' GO



For assistance with your custom order please reach out to

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# BREAKFAST

**Select your Quantity – Prices Shown Per Individual Item**

V – vegetarian  
VG – vegan  
MWOG – made without gluten

## SMOOTHIES 8oz. ————— 5.75

- Very Berry** VG, MWOG  
Strawberry, Blueberry, Blackberry, Soy Milk
- Mango Chia Sunrise** V, MWOG  
Pineapple, Mango, Chia Seed, Yogurt
- Banana Mocha-nut** VG, MWOG  
Peanut Butter, Banana, Coffee, Coconut Water

## COLD PRESSED JUICE 8 oz. VG, MWOG ——— 5.00

- Green Vitality** Kale, Spinach, Lemon, Parsley, Ginger, Apple
- Ruby Recharge** Beet, Rhubarb, Celery, Grapefruit
- Carrot Kicker** Carrot, Orange, Mango, Turmeric, Lemon

## FRUIT V, G, MWOG ————— 3.75

Mixed Berry, Cantaloupe, Watermelon, Pineapple

## OVERNIGHT OATS VG, MWOG ————— 4.25

Apricot, Ginger, Oat Milk, Cinnamon, Vanilla Bean

## BIRCHER MUESLI VG, MWOG ————— 4.25

Dried Apples, Pears, Strawberries, Golden Raisins, Almond Milk, Persian Pistachios

## GREEK YOGURT V ————— 4.25

Banana Bread, Nutella, Quinoa-Oat Crunch

## YOGURT ALTERNATIVE VG ————— 4.25

Coconut Yogurt, Key Lime Blueberries, Agave Nectar, Nut-Free Granola

## COTTAGE CHEESE V, MWOG ————— 4.25

Lavender Braised Peach, Hemp Seed Crumble

## MUFFIN ————— 2.95

- Morning Glory** V  
Carrot, Raisin, Pineapple, Coconut, Pecans, Flax Seed

## CRACKED ————— 5.25

- Crustless Quiche** V, MWOG  
Foraged Mushrooms, Goat Cheese, Scallions

- Scrambled Tofu** VG, MWOG  
Harissa, Blistered Tomato, Zucchini, Nigella Seeds

- Boiled Eggs** V  
Ancient Grain Blend, Salsa Verde, Savoy Spinach

## BREAKFAST BOARDS ————— 5.25

- Hard-Boiled Egg** V, MWOG  
Spring Onion Basil Hummus, Grape Tomato, Brown Rice

- Avocado Mash** V  
Mint Chili Flakes, Feta, Tomato & Radish, Toast

## SANDWICH ————— 5.75

- Country Ham**  
Egg and Ham Sandwich, Keyser Crafton Cheddar

- Egg White Wrap** V  
Sautéed Spinach, Seasonal Vegetables, Smoked Mozzarella

# LUNCH

## TOSSED ————— 10.75

- **Grilled Chicken Paillard**  
Satur Farm Greens, Sliced Almonds, Roasted Red Pepper, Shaved Fennel, Spring Onion Vinaigrette
- **Grilled Chicken Caesar**  
Romaine lettuce, Shave Parmesan Cheese, Ciabatta Croutons, Creamy Garlic Dressing
- **Tomato & Mozzarella v**  
Arugula, Radicchio, Eggplant Caponata, Toasted Farro, Ciabatta Crumble, Basil Pesto Oil
- **Tuna Salad MWOG**  
Frisée & Bibb, Green Beans, Hard-Boiled Egg, Grape Tomatoes, New Potato, Niçoise Olives, Radish, Red Wine Vinaigrette
- **Garbanzo Beans v**  
Red Cabbage & Romaine, Feta, Sundried Tomato, Seedless Cucumber, Crushed Pita Chips, Za'atar Vinaigrette
- **Baby Garden Lettuce VG, MWOG**  
Mélange of Spring Peas, Shaved Radishes, Saffron Pickled Pearl Onions, Flax Seeds, Agave Basil Vinaigrette  
Agave Basil Vinaigrette

# BREAK

- **Sababa v** ————— 5.25  
Roasted Garlic Za'atar & Green Garbanzo Hummus, Radish, Soft Naan
- **Provençal VG** ————— 5.25  
Sundried Tomato & Black Olive-Garlic Tapenade, Carrots, Ficelle Toast
- **Opa v** ————— 5.25  
Citrus Olives, Grilled Halloumi, Gigante Beans, Grape Leaves
- **Aperitivo** ————— 5.25  
Salumi, Aged Provolone, Tomato Basil Caponata, Crostini
- **Mexicali VG, MWOG** ————— 5.25  
Chunky Guacamole, Smoky Pico, Jicama, Corn Tortilla Chips
- **Mezze v, MWOG** ————— 5.25  
Minted Tzatziki, Spicy Harissa, Cucumber Stick, Fava Bean Fritters
- **Tapas v** ————— 5.25  
Aged Manchego, Dried Fruits, Tomato Jam, Crisps

## BETWEEN THE BREAD ————— 8.75

- **Tuscan Tuna**  
Provolone, Arugula, Multi Grain Roll
- **Buffalo Chicken Wrap**  
Green Leaf Lettuce, Buffalo Ranch, Shaved Celery
- **Black Forest Ham**  
Havarti, Honey Mustard, Shaved Cabbage, Whole Wheat
- **Roasted Turkey**  
Curly lettuce, Tomato, Monterey Jack, Ciabatta Roll
- **Seasonal Grilled Vegetables v**  
Sundried Tomato Pesto, Spinach Wrap
- **Black Pepper Roasted Beef**  
Horseradish Aioli, NY Cheddar, Caramelized Onions, Hero
- **Spicy Garlic Shrimp Wrap**  
Mustard Chow-Chow, Green Tomato, Lettuce

## SIDES ————— 3.25

- **Sprouted Grains, Lemon Herb Oil VG**
- **Saffron Sardinian Couscous Hazelnut, Dried Cherries VG**
- **Pickled Purple Cauliflower Mint VG, MWOG**
- **Charred Local Corn Tomato, Scallion VG, MWOG**
- **Peruvian Plantain Chips v** ————— 4.75  
Pink Salt, Cilantro Jalapeño Lime Dipping Sauce
- **Edible Garden v** ————— 3.75  
Raw & Steamed, Smoky Chipotle Dip
- **Popcorn v** ————— 3.25  
Togarashi, Chipotle Cheddar, Rosemary Truffle
- **Spice Market VG** ————— 4.50  
Lemon Curry Macadamia, Cinnamon Pecans, Ginger Sichuan Peanuts
- **Our Omega VG** ————— 4.50  
Black Pepper Cashews, Almonds, Goji Berries, Dark Chocolate, Dried Cherries, Dried Apricots
- **Almond Butter v, MWOG** ————— 3.75  
Puffed Rice Cracker, Celery, Sultanas
- **Bark v** ————— 3.25  
Dark Chocolate, Sea Salt Pistachio
- **Golden Raisin Oatmeal Cookie v** ————— 2.25  
Butterscotch Morsels, Chocolate Chunks, Salted Pretzel

## OUR COMMITMENT

All items are individually packaged to limit contact and promote the health, safety and well-being of our guests. With our extensive experience in catering fresh, seasonal and elevated food, we continue to serve our community during this time with the same quality and passion we apply to large-scale events.

With our 15,000 square-foot, state-of-the-art kitchen we are able to follow the recommended distancing in a workplace while our professional logistics team have been re-trained on all hygienic and food safety procedures to ensure the highest of food safety and standards are met.



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